

We Want YOU to Join Us!



☐☐♀ Grab your pals & let's ride!! ☐☐♀

Cycle Out Cancer with Team Frerichs is next Sunday (2/27) at Fit-To-Go in Litchfield from 1-6!

We have themed glow rides, raffle prizes, snacks and loads of fun in store!

There will be 10 bikes per session. Each session is 45 minutes, with the exception of the 5:30-6 session.

Click the link to sign up for the themed ride of your choice! ☐

You WON'T want to miss this! ☐☐☐♀☐

☐ ALL fitness levels welcome- it's a joy ride!

☐ You do NOT have to be a FTG member to come cycle with us

☐ Bonus raffle tickets for dressing up as the theme of your ride ☐☐

☐ \$25 donation to ride at the door

Sunday Funday with the Frerichs sisters!

CYCLE OUT CANCER FOR STAMP OUT CANCER

**COME JOIN THE FUN ON
FEBRUARY 27TH FOR A GLOW
CYCLE-A-THON SUPPORTING
TEAM FRERICHS!**

~45 minute rides from 1-6 pm at Fit-To-Go
in Litchfield
~Raffle prizes
~Themed rides
~Snacks & drinks provided

ALL fitness levels welcome!
*More details to come



[CLICK HERE TO SNAG YOUR SPOT!](#)

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